

SCHOOL CURRICULUM HANDBOOK



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INTRODUCTION

Welcome to **Sapiens UP**, where education goes beyond traditional boundaries. Our Curriculum is tailored to each student, blending academic excellence with specialized subjects and personalized fulfillment plans. This unique approach prioritizes diverse skills, innovative projects, and individualized growth, ensuring our students not only excel academically but thrive in unconventional realms.

At the core of our curriculum is the cultivation of six key competencies: self-regulation, communication, critical thinking, creativity, collaboration, flexibility, and adaptability. This curriculum is meticulously crafted, comprising a remote component (25-45%) and an on-site segment at the school (75-55%), offering flexibility based on the chosen educational path.



SIX KEY COMPETENCIES



CRITICAL
THINKING



CREATIVITY



SELF-REGULATION



FLEXIBILITY AND
ADAPTABILITY



COMMUNICATION



COLLABORATION

REMOTE PART

UKRAINIAN NATIONAL EDUCATIONAL PROGRAM

- 5 OR 10 SUBJECTS TO BE CHOSEN:

1) Algebra
Geometry
Ukrainian
Ukrainian literature
History of Ukraine

2) Algebra
Geometry
Ukrainian
Ukrainian literature
History of Ukraine
World history
Biology
Geometry
Chemistry
Geography
Physics



Assessments according to the tests plan by a remote partner - a licensed school Optima.



Ukrainian certificate of state standard on completion

REMOTE PART

BRITISH IGCSE CURRICULUM



- 5 SUBJECTS TO BE CHOSEN FOR A 2-YEAR PROGRAM:

English
Mathematics
Combined Science (Biology, Chemistry,
Physics)
Biology
Spanish
French
Computer Science
Business studies
Chemistry
Economics
History
German
IT (upcoming)
Accounting (upcoming)
Law (upcoming)
Travel and tourism (upcoming)



Assessments according to
the tests plan by a remote
partner – Cambridge
International School - Spark.

REMOTE PART

BRITISH A LEVEL



- 5 SUBJECTS TO BE CHOSEN FOR A 2-YEAR PROGRAM:

BIOLOGY
ECONOMICS
PSYCHOLOGY
COMPUTER SCIENCE
MEDIA STUDIES
CHEMISTRY



Assessments according to the tests plan by a remote partner – Cambridge International School - Spark.

REMOTE PART

CAMBRIDGE IGCSE EXAM

The International General Certificate of Secondary Education (IGCSE) is an English language based examination developed by the University of Cambridge International Examinations. Students usually study for IGCSE for two years, starting in Year 10 and take the exam at the end of Year 11.

Typical subjects for IGCSE candidates include a First Language, a Second Language, Mathematics and two more subjects of their choice. Students receive IGCSE qualifications for each subject individually and prepare them for their A-level certifications.

CAMBRIDGE INTERNATIONAL AS AND A-LEVEL EXAM

Advanced level qualifications (A level Exams) are subject-based qualifications developed by the University of Cambridge International Examinations. Students must have at least 5 IGCSE qualifications in order to take the A-level Exams.

Students usually study three or more subjects over the course of two years, starting in Year 12. By taking A-level exams, students are prepared to apply to a wide range of top universities and colleges across the world.

ARTS IN ENGLISH

KATERYNA AVDIEIENKO

COURSE DESCRIPTION:

- The course fosters creative thinking and encourages artistic experimentation, exploring diverse forms of expression from hand sketches to digital illustrations. It aims to cultivate students' fundamental skills in various fine arts techniques, including drawing, painting, and collage, while introducing them to global cultural influences and renowned Ukrainian artists across different art forms.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Explore the world's cultural heritage across diverse art forms like painting, sculpture, photography, cinema, and architecture. Acquire foundational knowledge about pivotal artists and their contributions.
2. Create original artworks utilising various techniques such as drawing, collage, linocut, sculpture, photography, and more.
3. Understand the creative processes of artists and designers, exploring their methods of experimentation and adaptation to technological advancements.
4. Develop critical thinking and research abilities to analyse how artists and designers address societal and cultural issues.
5. Cultivate confidence in engaging with modern and contemporary art, finding inspiration from your surroundings, and mastering fundamental graphic design skills in image creation and typography.

ASSESSMENT SYSTEM:

1. **Student Engagement (20%):** Involvement in discussions, active participation in selecting practical projects, collaborative interaction with peers and the teacher, and assisting classmates.
2. **Attendance at lessons and excursions to museums (20%):** Recorded attendance and punctuality in classes and museum excursions using School Today. Lateness of more than 7 minutes counts as an absence.
3. **Using English in the classroom (10%):** Engaging with the language when communicating with the teacher and peers, comprehending materials presented in video formats or during museum visits.
4. **Implementation of all cycle projects (40%):** Divided equally among the number of projects within the cycle, assessing completion and quality of each project.
5. **Knowledge of the theoretical part (10%):** Evaluating understanding of historical periods, authors' biographies, and the titles of studied works.



CLIL ENGLISH WITH IT

PERIZAT ALIMKUL

COURSE DESCRIPTION:

- The course introduces essential concepts, including computer components, typing skills, binary and decimal systems, and the practical application of office productivity tools. Additionally, students will acquire Tech English skills, enriching their ability to communicate effectively in the realm of technology.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Develop a deep understanding of computer components.
2. Attain proficiency in fast typing techniques.
3. Grasp the concepts of binary and decimal systems.
4. Apply office productivity tools in practical scenarios.
5. Demonstrate effective communication skills in Technical English.

ASSESSMENT SYSTEM:

1. **Involvement (10%):** Class attendance, engagement in answering questions, and proactive completion of assigned tasks.
2. **Assignments (20%):** Successful completion of in-class exercises, such as creating a folder using CMD (Command Prompt).
3. **IT skills (25%):** Application of learned skills, theoretical knowledge, and relevant concepts while using a computer.
4. **Project completion (25%):** autonomously crafting an individual project in line with the ongoing study topic, such as creating a CV using various software tools.
5. **English vocabulary (20%):** Completion of a vocabulary examination covering all the terminology learned.

ENGLISH LANGUAGE

RAFAŁ WOŁK

COURSE DESCRIPTION:

- This language course is designed to enhance skills in literacy, encompassing writing, reading, speaking, and comprehension. Through various exercises and projects, students will actively engage in developing their language proficiency and applying newly acquired knowledge in different linguistic contexts.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Cultivate advanced skills in literacy, encompassing writing, reading, speaking, and comprehension.
2. Participate actively in discussions, honing verbal and nonverbal communication abilities.
3. Complete diverse and challenging class projects, reinforcing language acquisition through practical applications.
4. Apply acquired language skills in real-world contexts, demonstrating practical proficiency.

ASSESSMENT SYSTEM:

1. **Class participation / Interaction (30%):** Class participation and interaction with the teacher and peers is key in order to successfully acquire communication skills. Through this process, students gain the ability to fully integrate and practise their newly acquired lexical and grammatical knowledge. Both verbal and nonverbal communication will be considered and will make up the final %.
2. **Class projects (30%):** Students will receive class projects which will further assist in solidifying their language acquisition through exercises. These projects will consist of but will not be limited to the following: short written assignments done in class, long written assignments (research, speech writing, news reports, creative writing reports etc.), verbal assignments (presentations, debates etc).
3. **Utilising acquired skills (20%):** Students will be assessed on their ability to incorporate new lexicon and grammar structure along with other lingual skills. This will be a clear indicator of how students approach the learning process.
4. **Classroom behaviour (20%):** Class behaviour assessment will include the student's ability to conduct themselves in class. It will be a direct reflection of how each individual student adheres to the school's policy and philosophy.



ENGLISH FOR THE HIGH LEVELS WITH LANGUAGE COACHING

RAFAŁ WOŁK

COURSE DESCRIPTION:

- The course is designed for language enthusiasts seeking to enhance their skills. Through project-based and integrated learning, students will cultivate proficiency in public speaking, vocabulary, presentation skills, critical thinking, writing, and pronunciation, ensuring a well-rounded language development experience.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Articulate their ideas using new vocabulary and grammatical structures.
2. Confidently discuss their projects and defend their perspectives.
3. Effectively communicate their ideas and articulate the research process.
4. Demonstrate proficiency in researching topics using available technology and resources.
5. Develop skills in public speaking through practical exercises.

ASSESSMENT SYSTEM:

1. **Finished project (40%):** The completion of the project, accompanied by comprehensive research documentation. Students should effectively describe the research process and present their ideas along with the final product.
2. **Research (20%):** Acknowledging the importance of research, it holds a significant weight of 20%. This underscores that students didn't solely rely on tools like AI or copy-pasting but demonstrated a solid understanding of the subject. Research serves as a vital component of the learning process, integrating the project with education.
3. **Presentation (15%):** The final stage involves presentation, evaluating vocabulary and new grammar usage, pronunciation, and the ability to address questions while explaining intricate project aspects.
4. **Creativity (25%):** Emphasising creativity as a crucial element, accounting for 25%. This aspect gauges students' capacity to think beyond linguistic boundaries, demonstrating a three-dimensional perspective. It highlights their ability to transform ideas into engaging realisations.

ENGLISH NATIVE

DITSANUSH BABAYAN

COURSE DESCRIPTION:

- This course focuses on developing students' spoken English fluency through speaking classes. The curriculum incorporates individual and group activities, interactive methods, and presentation practice to enhance pronunciation and conversation skills.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Communicate effectively with a reasonable degree of fluency and accuracy in various social settings.
2. Use basic structures in oral communication.
3. Demonstrate clear pronunciation.
4. Employ appropriate vocabulary in different types of spoken discourse.

ASSESSMENT SYSTEM:

1. **Attendance (10%):** Regularity of attendance in classes or sessions.
2. **Communication skills (30%):** Engagement during lessons and the proficiency in English communication.
3. **Fluency and coherence (20%):** Student's fluency in speech and the coherence of their ideas during communication.
4. **Lexical resource (20%):** The breadth and richness of students' vocabulary.
5. **Presentation (20%):** The ability to deliver a presentation on a topic of their choice, showcasing their skills in research and public speaking.

MINDFULNESS

OLENA TKACHOVA

COURSE DESCRIPTION:

- This course provides an introduction to mindfulness, guiding students in cultivating self-awareness, enhancing focus, and nurturing emotional well-being. Through a blend of lectures, group discussions, experiential exercises, and guided meditations, students will acquire practical tools to manage stress, improve concentration, and foster healthy relationships, with active class participation and weekly reflections.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Understand the Concept of Mindfulness by defining mindfulness and its benefits, and exploring the origins and historical context of mindfulness
2. Cultivate Self-Awareness by developing the ability to observe thoughts, emotions, and bodily sensations, and learning to identify and challenge negative thought patterns
3. Practice Mindful Techniques by exploring various techniques such as breath awareness, body scanning, and mindful eating, and practising meditation to improve focus and mental clarity
4. Manage Stress and Anxiety by developing strategies for stress reduction and emotional regulation, and learning how to respond to challenging situations with mindfulness
5. Learn breathing and meditation practices to further enhance their overall well-being.

ASSESSMENT SYSTEM:

1. **Class participation (30%):** Active engagement and contribution during class discussions, group activities, and experiential exercises.
2. **Weekly reflections (40%):** Thoughtful and reflective responses to weekly prompts, demonstrating an understanding of mindfulness concepts and personal insights.
3. **Exercises completion (30%):** Application of mindfulness techniques in practical exercises, showcasing the integration of learned skills into daily life.



POLISH LANGUAGE (B1 – C1)

ALEKSANDRA KALIŃSKA

COURSE DESCRIPTION:

- Throughout the year-long Polish language course, students delve into contemporary prose encompassing diverse cultural origins beyond Polish literature. Active engagement with native Polish speakers fosters dialogue, enhancing students' abilities to articulate opinions and enhance their speaking proficiency. Additionally, films serve as catalysts for discussions, aligning with the course's thematic exploration.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Engage fluently in natural conversations with native speakers, actively participating in discussions, expressing personal opinions, and defending viewpoints on familiar subjects.
2. Comprehend articles and reports discussing contemporary global issues, understanding varied perspectives and opinions, as well as contemporary literary texts.
3. Understand longer, complex speeches and lectures within familiar subjects, easily follow news broadcasts, current affairs programs, and Polish-language films.
4. Produce clear and coherent texts on diverse topics of interest, including essays or analyses involving arguments for and against, and letters emphasising the significance of specific events and personal experiences.



ASSESSMENT SYSTEM:

1. **Attendance (15%):** Regularity of presence during classes or sessions, contributing to engagement and participation.
2. **Presentation (30%):** Ability to effectively deliver information, ideas, or projects in a clear, engaging manner.
3. **Consistency/Systematic Approach (20%):** Application of an organised and structured method in learning or work, showcasing steady effort over time.
4. **Work during classes (20%):** Active participation and contribution to activities, exercises, or assignments conducted within the class.
5. **Speaking (15%):** Capability to communicate ideas, opinions, or knowledge verbally, demonstrating language proficiency and expression skills.

POLISH LANGUAGE (BEGINNERS – B1)

IRYNA RABCHUN

COURSE DESCRIPTION:

- This course aims to develop fluent proficiency in listening, reading, speaking, and writing Polish, fostering communicative skills to explore universal values and nurture a humanistic perspective. It integrates communicative methods, serving students aspiring to master Polish for academic and professional growth, emphasising lifelong language enhancement.

ASSESSMENT SYSTEM:

1. **Attendance and Participation (10%):** Regular presence and active involvement during lectures or sessions, fostering an engaged learning atmosphere.
2. **Individual Work (10%):** Timely and thorough fulfilment of assigned tasks outside class, enhancing individual learning and reinforcing course materials.
3. **Listening Skills (20%):** Proficiency in comprehending spoken information, showcasing adept engagement with auditory content.
4. **Grammar (20%):** Mastery in applying grammatical rules accurately, demonstrating language precision.
5. **Reading Comprehension (20%):** Effective understanding of written texts, showcasing adeptness in deriving meaning from diverse materials.
6. **Writing Skills (20%):** Competence in clear and coherent written expression, effectively conveying ideas.

COURSE OBJECTIVES:

By the end of this course, students will:

1. **A1.** The student understands and can use very basic conversational expressions related to specific everyday needs. They can introduce themselves, conduct simple conversations if the speaker speaks slowly and clearly, and is willing to help. They can formulate and answer questions about their personal life, place of residence, daily activities, and acquaintances in a very basic manner.
2. **A2.** The student can communicate in simple, routine situations related to everyday life by exchanging thoughts on familiar topics. They can describe their immediate environment and origins and communicate needs related to everyday situations. They can understand simple statements and messages from the interlocutor on basic topics such as family, work, surroundings, shopping, etc.
3. **B1.** The student can describe more abstract phenomena and topics like plans, dreams, experiences, intentions, and feelings. They can describe specific events and justify their opinions. They can handle most everyday situations requiring communication in the language (e.g., while travelling in a country where this language is spoken). Their oral and written expressions on familiar and interesting topics are simple but coherent and understandable to the recipient. They understand the main message in clear, standard statements on familiar topics such as school, work, leisure, food, etc.

PROJECTS



DESCRIPTION:

- Projects form the core of the school curriculum, incorporating both traditional and agile methodologies. In agile project-based learning, students actively participate in team-based projects, applying principles from agile software development to various domains such as science, arts, culture, and everyday life. This approach promotes active learning, involving students in research, problem-solving, decision-making, and execution throughout the project.

ASSESSMENT SYSTEM:

- Students participate in weekly sprint defences to the Product Owner with the final defence of their project, evaluated against set criteria at the end of the study cycle, which is followed by a school-wide projects presentation. Each project contributes to the general fulfilment plan with a value ranging from 40% to 75%, and students collaboratively allocate this percentage within the team based on individual impact.



OBJECTIVES:

Through this framework, students acquire key competences:

1. **Flexibility and Adaptability.** Agile methodologies foster flexibility in project planning and execution, enabling students to adjust goals and strategies based on feedback and changing requirements.
2. **Collaboration.** Working in cross-functional teams, students develop communication, problem-solving, and interpersonal skills to achieve project objectives.
3. **Communication.** Students will learn effective debate skills, expressing their viewpoints while remaining open to others' opinions and reaching agreements.
4. **Critical thinking.** The approach provides real-world experience, simulating project environments to enhance students' critical thinking skills for future careers.
5. **Self-regulation.** Students will develop the ability to prioritise, plan, support, and find inspiration independently.
6. **Creativity.** Due to the absence of a ready-made solution in the project framework, students actively seek new solutions, fostering the ability to think outside the box and stimulating creativity.

SOCIAL SCIENCE

OLGA DOBZHYNKA

COURSE DESCRIPTION:

- The course covers Civics & Government, Philosophy & Ethics, Cultural Anthropology, Cross-Disciplinary Study of Technology, Economics & Law, World Religions, and Responsible Citizenship. Through this exploration, students will gain insights into the complexities of societal structures, moral and ethical reasoning, cultural dynamics, the interplay of technology in society, economic and legal frameworks, diverse religious beliefs, and the principles of engaged and informed citizenship.

ASSESSMENT SYSTEM:

1. Student Engagement (30%):

- Actively participating in class discussions, group projects, and in-class activities.
- Demonstrating curiosity and critical thinking through questions, seeking clarifications, and engaging in debates to deepen understanding.

2. Research and Analysis (20%):

- Understanding and applying social science research methods appropriate for the project.
- Effectively utilising primary and secondary sources, and integrating theoretical frameworks into the analysis.
- Critically evaluating data and sources, and synthesising information to support arguments or findings.

3. Communication Skills (20%):

- Effectively communicating ideas in both written and oral forms, using clear and appropriate language.
- Demonstrating understanding of subject terminology and concepts in communication.
- Organising thoughts coherently in written assignments, presentations, and class discussions.

4. Project Completion and Insight (30%):

- Aligning research or project work with the stated objectives and social science concepts.
- Demonstrating depth of understanding and insight in the final output, whether a research paper, or project.
- Addressing and overcoming challenges encountered during research or project development.



COURSE OBJECTIVES:

By the end of this course, students will:

1. Understand the Foundations of Civics & Government:

- Explore the principles of democratic governance, including the roles and responsibilities of government institutions.
- Analyse the significance of civic engagement and political participation.
- Understand the evolution and function of government systems across different cultures and times.

2. Delve into Philosophy & Ethics:

- Study major philosophical theories and their implications for ethical decision-making.
- Critically evaluate ethical dilemmas in contemporary society.
- Reflect on personal values and the ethical considerations in everyday life.

3. Explore Cultural Anthropology:

- Examine the diversity of human cultures and societies.
- Understand the role of cultural norms, practices, and traditions in shaping societies.
- Analyse the impact of globalisation on cultural identities.

4. Investigate the Cross-Disciplinary Study of Technology:

- Explore the relationship between technology and society, including the ethical implications of technological advancements.

COURSE CONDUCTED IN 

- Understand the role of technology in shaping economic, political, and social structures.
- Examine the impact of digital literacy and information technology on global communication.

5. Learn about Economics & Law:

- Analyse the fundamental concepts of economics, including market structures, supply and demand, and economic policies.
- Understand the principles of law and justice, and their roles in maintaining societal order.
- Evaluate the interplay between economic policies and legal frameworks in national and global contexts.

6. Study World Religions:

- Gain an understanding of major world religions, their beliefs, practices, and historical contexts.
- Explore the role of religion in shaping cultural and societal norms.
- Promote respect and tolerance for religious diversity.

7. Foster Responsible Citizenship:

- Develop skills for responsible citizenship, including critical thinking, informed decision-making, and ethical reasoning.
- Encourage active participation in community and civic affairs.
- Cultivate an understanding of global issues and the responsibilities of global citizenship.

SOFT SKILLS DEVELOPMENT TRAININGS

KATERYNA AVDIEIENKO



COURSE DESCRIPTION:

- This course explores fundamental, lifelong skills such as communication, critical thinking, and idea generation, adaptable across various professions and essential for situational adaptability and growth. These flexible skills, established early in life, empower individuals to navigate diverse situations and professions effectively.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Develop effective communication skills.
2. Cultivate emotional intelligence and time management abilities.
3. Master conflict resolution and adaptability in communication styles.
4. Learn stress management techniques and maintain well-being.
5. Demonstrate leadership qualities and excel in team dynamics.

ASSESSMENT SYSTEM:

1. **Student Engagement (30%):** Involvement in discussions, contributing to practical project selection, active interaction with peers and the teacher, and providing assistance to classmates.
2. **Attendance at lessons (30%):** Maintaining punctuality and attendance, recorded via School Today, with lateness of more than 7 minutes considered as an absence.
3. **Practical tasks and activities (40%):** Assessment divided among the number of projects in the cycle, evaluating the successful completion and quality of each project or task.

SPECIALISATION: ARTS & DESIGN

MARYA YERMAGAMBETOVA

COURSE DESCRIPTION:

- Comprising 4 modules spanning Artistic Self-Exploration, Graphic Design Fundamentals, and Creative Multimedia Arts, the course adopts a project based approach. Each module incorporates 5 projects, culminating in a foundation for a creative portfolio, emphasising hands-on learning and practical skill development.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Develop a distinct artistic identity, showcasing authenticity while expressing emotions and narratives through various mediums and styles.
2. Explore a wide array of artistic techniques, fostering creative adaptability and showcasing knowledge in graphic design principles and visual storytelling.
3. Convey ideas using visual art and design through the creation of engaging artworks encompassing printmaking, character design, logotypes, and informative materials,
4. Cultivate an appreciation for art history, artists, and influential movements, deepening their comprehension of intellectual property within creative contexts.
5. Plan, create, and present original artworks, reflecting their acquired skills and concepts, culminating in the curation of an introductory art portfolio.

ASSESSMENT SYSTEM:

1. Student Engagement (20%):

- Contributing to discussions, group activities, and interactions during class sessions.
- Completing assignments, tasks, or preparatory work related to the course consistently.
- Asking questions, seeking clarification, and interacting to enhance understanding.

2. Project Approach (20%):

- Understanding the project plan and outlining the steps to complete the project.
- Applying learned skills, theoretical knowledge, and relevant concepts.
- Reflecting and making necessary adjustments as the project progresses.

3. Time Management (10%):

- Completing and submitting assignments on time without last-minute rushes.
- Managing time effectively, giving adequate attention to various tasks within the project.
- Maintaining a steady work pace across different projects or assignments.

4. Project Completion Proficiency (40%):

- Aligning with the project objectives, connecting the strategy with the outcomes.
- Producing a project that achieves a level of quality, balancing accuracy and creativity.
- Handling unexpected challenges or obstacles encountered during the project.

5. Language Proficiency (10%):

- Communicating in English including fluency, pronunciation, and vocabulary usage.
- Understanding instructions and assignments, asking clarifying questions if necessary.
- Using proper grammar, spelling, structure, and coherence in written English.

SPECIALISATION: CREATIVE MATHS

ŁUKASZ BOZYK

COURSE DESCRIPTION:

- This course nurtures creative mathematical thinking by exploring unconventional problem-solving strategies and critical thinking in engaging discussions and exercises. Covering three modules with four topics each, students delve into areas like combinatorics, game-based critical thinking, and algebraic techniques for problem-solving.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Enhance their problem-solving skills by connecting facts, recognizing analogies, and generalising concepts in mathematical scenarios.
2. Develop critical thinking and logical reasoning abilities through engaging in puzzles and games.
3. Apply combinatorics creatively, exploring topics like domino tilings, geometric enumeration, and Newton's binomial.
4. Engage in critical thinking through games and puzzles, deciphering optimal solutions and strategies.
5. Utilise algebraic and number theory techniques for problem-solving, including diophantine equations, polynomial applications, and the binomial theorem.

ASSESSMENT SYSTEM:

1. **Attendance (20%):** Regular class attendance and adherence to break times.
2. **Engagement (30%):** Maintaining focus, organising thoughts, active participation through questions and idea sharing.
3. **Individual Work (30%):** Problem-solving attempts, comprehension of new concepts, innovative use of methods and materials.
4. **Collaboration (20%):** Participating in problem discussions, exchanging insights, contributing to clarifying discussions.



SPECIALISATION: IT

PERIZAT ALIMKUL

COURSE DESCRIPTION:

- IT Specialisation course covers Web Development, Android Development, and Game Development with Python, providing a foundational understanding of information technology. The study plan comprises HTML, CSS, Figma, Bootstrap, JavaScript, Java programming for mobile apps, and 2D game creation, offering a simple yet comprehensive introduction to essential IT skills for academic or career pursuits.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Develop a strong understanding of core IT concepts and principles.
2. Acquire proficiency in programming languages such as Java, Python, HTML, CSS, and JavaScript.
3. Master problem-solving and logical thinking skills applicable across diverse IT domains.
4. Gain hands-on experience in creating dynamic and interactive applications, websites, and games.
5. Prepare for further specialisation in specific IT disciplines or for pursuing a career in the broader field of information technology.

ASSESSMENT SYSTEM:

1. **Involvement (10%):** Class attendance, engagement in answering questions, and proactive completion of assigned tasks.
2. **Mini-assignments (25%):** Successful completion of in-class practices like designing a login page in Figma.
3. **Main project (40%):** Creating and developing an independent project using the programming language being studied.
4. **Additional Practice (15%):** Completing supplementary practices that correlate with the material being taught to reinforce understanding.
5. **Language Proficiency (10%):** Proficiency in project presentation, research skills, and the ability to explain code in English.
6. **Bonus points (max 15%):** Capacity to explain concepts, demonstrate proactive learning beyond class, and exhibit creativity in their approach to tasks.



SPORTS: BOXING

MARTIN MANGONGO

COURSE DESCRIPTION:

- The boxing class offers comprehensive training, encompassing fundamental techniques, agility, and strength development. Integrated learning approach prioritises mastering boxing fundamentals and enhancing overall physical fitness.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Master fundamental boxing techniques for effective and skillful performance.
2. Develop agility and coordination essential for navigating the dynamics of a boxing match.
3. Build strength through targeted exercises and training routines specific to boxing.
4. Enhance overall physical fitness, incorporating cardiovascular health and muscular endurance, to support optimal performance in boxing.

ASSESSMENT SYSTEM:

1. **Techniques (40%):** Assessment of boxing techniques exhibited during training sessions, with a substantial focus on proficiency, execution, and mastery of boxing skills.
2. **Changing Clothes (20%):** Adherence to prescribed attire for the sessions, ensuring preparedness and adherence to the requisite dress code.
3. **Engagement (20%):** Involvement during sessions, possibly recorded or commented on in School Today, demonstrating an active participation in the boxing activities.
4. **Attendance (20%):** Regular attendance (80%) and punctuality in the sessions, highlighting the importance of consistent participation.

SPORTS: STRETCHING

OLEKSANDRA KUCHUKOVA

COURSE DESCRIPTION:

- Stretching involves exercises that target muscle groups and joints to enhance body flexibility, range of motion, and relieve tension after physical activity. Consistent stretching routines strengthen muscles and joints, preparing them for exertion, while also improving blood circulation for enhanced nutrition and oxygen supply to muscle fibres.

COURSE OBJECTIVES:

By the end of this course, students will:

- 1.Enhance Flexibility: Regular exercises will expand joint mobility, facilitating smoother and more unrestricted movements.
- 2.Experience Relaxation and Stress Relief: Stretching routines relax muscles, enhance circulation, and alleviate tension.
- 3.Improve Posture: Consistent stretching aids in aligning the spine, fostering proper posture and averting back issues.
- 4.Boost Muscle Elasticity: Stretching contributes to increased muscle fiber elasticity, preventing strain during sudden movements.
- 5.Heighten Energy Levels: Regular stretching boosts blood flow, oxygenating cells, and elevating overall vitality and energy levels.

ASSESSMENT SYSTEM:

1. **Techniques (20%):** The proficiency and precision in executing stretching exercises, emphasising correct form and effectiveness in performance.
2. **Changing Clothes (20%):** Adherence to prescribed attire for the sessions, ensuring preparedness and adherence to the requisite dress code.
3. **Engagement (20%):** Active engagement demonstrated during the stretching regimen, gauging participants' enthusiasm and involvement.
4. **Attendance (40%):** Regular attendance and punctuality in the sessions, highlighting the importance of consistent participation.

SPECIAL COURSE: CAREER CONSULTATIONS

COURSE DESCRIPTION:

- This career guidance course aims to create a supportive environment where students can identify and explore their interests, strengths, and personal values. It focuses on uncovering a wide range of opportunities in the professional world, understanding the importance of self-assessment, and developing skills necessary for a successful future career.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Develop and adeptly apply critical thinking, communication, and interpersonal skills, essential in today's job market.
2. Gain a clear understanding of their aspirations and the paths to achieve them through informed professional choices.
3. Acquire knowledge about production organisation, modern equipment, technologies, key professions, and their requirements, and be capable of applying this knowledge practically.
4. Comprehend, analyse, and draw conclusions regarding market trends, technological advancements, and opportunities for self-development and career growth.
5. Prepare a list of chosen specialties and higher education institutions for future enrollment, equipped with a well-crafted motivational letter.

SPECIAL COURSE: FUNDAMENTALS OF 3D MODELLING



COURSE DESCRIPTION:

- In this course, students will acquire proficiency in essential modelling techniques, composition, material settings, and the application of diverse lighting scenarios within the 3ds Max program environment. They will also gain insight into the practical applications of 3D modelling and assemble scenes for subsequent visualisation.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Develop proficiency in constructing basic models.
2. Customise lighting scenarios effectively.
3. Modify and personalise 3D models.
4. Acquire familiarity with the 3ds Max program environment.
5. Demonstrate the ability to visualise their projects successfully.

SPECIAL COURSE: PHOTOGRAPHY

COURSE DESCRIPTION:

- The photography course aims to impart fundamental skills in using cameras effectively, composing shots, and crafting expressive images, fostering a creative outlook on photography. Through 12 sessions, students explore portrait, brand-oriented, art, and conceptual photography, enhancing visual thinking and self-expression in their photographs.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Master Portrait Photography techniques, encompassing posing, lighting, and composition to capture character and emotion effectively.
2. Develop proficiency in Subject Photography, focusing on promotional and sales applications.
3. Express personal ideas through Art Photography, creating a unique visual narrative.
4. Convey profound concepts using Conceptual Photography, using imagery to express deeper meanings.
5. Acquire fundamental skills in image retouching and post-processing to enhance image quality.

ASSESSMENT SYSTEM:

1. **Project Completion (40%):** Successful and timely finishing of assigned projects or tasks, emphasising quality delivery.
2. **Engagement (25%):** Active involvement and consistent participation in course activities, highlighting sustained interaction.
3. **Creativity (25%):** Innovative thinking and original approaches demonstrated within projects or coursework.
4. **Communication (10%):** Effective communication skills exhibited within the course context, emphasising clarity and proficiency in conveying ideas or concepts.

SPECIAL COURSE: RESPONSIBLE LEADERSHIP

COURSE DESCRIPTION:

- The course is designed to equip students with essential knowledge and skills for effective leadership in a democratic society. Emphasising ethical decision-making, accountability, teamwork, and empathy, the course employs interactive discussions, scenario analysis, and practical exercises to enhance students' grasp of responsible leadership and its practical application.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Define responsible leadership and understand its significance in a democratic environment, recognizing the ethical implications of leadership decisions and actions.
2. Develop effective communication and collaboration skills, enabling them to work efficiently in diverse teams. They will apply critical thinking and problem-solving methods to address challenges within democratic frameworks.
3. Recognize and respect diverse perspectives and opinions within a democratic society, fostering empathy and understanding for different individuals and communities.
4. Identify personal needs and cultivate an awareness of how to set SMART goals.
5. Acquire facilitation skills and engage in reflective practices to assess their leadership style, strengths, and areas for growth.



ASSESSMENT SYSTEM:

- Understanding and application of the course content will be assessed through various methods, including assignments, presentations, group projects, discussions, and reflective portfolios.

COURSE PREPARING STUDENTS FOR THE B2 EXAM (SUMMER SESSION)



COURSE DESCRIPTION:

- Throughout this course, students will prepare for the B2 level Polish as a foreign language exam by enhancing their skills in comprehension, speaking, and writing. This involves working with diverse source texts, including newspaper articles and online content, as well as listening to authentic recordings like radio news and spontaneous discussions by native Polish speakers.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Understand both spoken and written texts, demonstrating the ability to grasp information effectively.
2. Engage in fluent conversation with native language users, expressing personal opinions, and supporting arguments on familiar topics.
3. Craft essays that present arguments for and against specific topics, justifying them appropriately, and create texts related to students' interests.

IELTS PREPARATORY COURSE

COURSE DESCRIPTION:

- This course, designed for approximately 3 months, thoroughly prepares students for the IELTS exam. Through detailed exploration of each section (reading, listening, speaking, writing), interactive group activities, practice sessions, mock tests, and personalised feedback, participants gain the essential skills and confidence needed to successfully take the exam.

COURSE OBJECTIVES:

By the end of this course, students will:

1. Acquire effective strategies for various IELTS exam tasks, enhancing time management and optimising performance.
2. Develop critical thinking and analytical skills through extensive practice and targeted approaches to each exam section.
3. Improve overall proficiency in English, with a focus on reading, listening, speaking, and writing skills.
4. Receive personalised feedback and guidance based on individual performance in mock tests.

SPECIAL COURSES:

- CAREER CONSULTATIONS
- ENTREPRENEURSHIP
- FINANCES
- FRENCH LANGUAGE (BEGINNERS)
- FUNDAMENTALS OF 3D MODELLING
- MARKETING
- PHOTOGRAPHY
- PSYCHOLOGY
- RESPONSIBLE LEADERSHIP
- SALES

AFTERNOON CLASSES:

- ARTS & TALK
- CHESS
- DEBATES
- GUITAR
- MIX DANCE
- THEATER





WARSAW, 2024